**  
Activity #4**

**Understanding Medication Labels**

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GPP(s): 3

Group Size: 5-50

Length of Activity: 15- 30 min

**Background:**

In order to maintain proper medication records and make sure medication is being administered and stored properly, it is necessary for all 4-H members to read and understand what is on the medication label.

**Objectives:**

* Provide an opportunity for youth 4-H members to practice reading medication bottles.
* Determine how to use and store medication properly.
* Learn about the information listed on medication bottles and how it applies to youth with food animal projects.

**Materials and Supplies:**

* Sample medication bottles (available from your local veterinarian or animal supply business)
* Question and answer sheets
* Writing utensils
* Example label handout (to be used as a reference guide)

**Activity Description:**

**Preparation:**

* Make Copies of the handout (one per person)
* Obtain the sample medication bottles
* Prepare questions for each medication bottle

**Activity:**

* Place bottles around the room as stations. Distribute handout and writing utensils to each member.
* Review the information given on the handout.Explain that each member will be answering various situation/questions on the answer sheet. They may use their handout as a resource to locate information on the medicine bottle.
* After a few minutes at each station, rotate the members to the next one so they have a chance to reach each station and answer all of the questions on their answer sheet.

**Discussion:**

* Why is it important to read medication labels carefully?
* Who can help you learn more about medication and how to properly use and store medications?